



International Bobath Instructors Training Association

An international association for adult neurological rehabilitation

www.ibita.org

Basic Course Learning Objectives

For the (3-week) Basic Course on the Evaluation and Treatment of Adults with Neurological Conditions (The Bobath Concept)

At the conclusion of the course the course participant will be able to:

1. Understand the history and ongoing development of the Bobath concept.
2. Be able to integrate the principles of the International Classification of Functioning, Disability and Health (ICF) in their evaluation and treatment of adults with neurological conditions.
3. Analyse and facilitate efficient postural and movement control in preparation for and during functional activity.
4. Understand the functional consequences of lesions of the central nervous system
5. Observe and analyse dysynergic and/or inefficient movement and function, and influence this through intervention.
6. Utilise the principles of motor control, motor learning, neural plasticity and muscle plasticity in their approach to treatment.
7. Understand the relationship between assessment and treatment, and implement the ongoing process of clinical reasoning.
8. Adapt and apply appropriate theoretical principles of treatment to the individual patient/client within his environment.
9. Develop effective handling skills and incorporate them with appropriate environmental and other influences in order to regain function.
10. Appreciate the importance of appropriate outcome measures to support evidence-based practice.
11. Continue learning through critical reading, self-evaluation and sharing with others.