



## **SPECIFIC TRAINING TO IMPROVE LOCOMOTION: THE BOBATH CONCEPT**

October 13 - 15, 2017 @ Horizon Health, Fredericton, New Brunswick

### **SCHEDULE**

#### **DAY 1: FRIDAY OCTOBER 13**

12:00 to 12:30	Introduction
12:30 to 1:45	Lecture: INTRODUCTION, EVOLUTION of BIPEDAL LOCOMOTION & BIOMECHANICS of GAIT
1:45 to 3:00	Group Work / Discussion Biomechanics of Gait
3:00 to 3:30	<i>Tea and relocate to PT Gym</i>
3:30 to 4:30	Practical: Gait Analysis
4:30 to 5:45	Patient Demonstration A
5 45 to 6:30	Clinical discussion / Reflection

#### **DAY 2: SATURDAY OCTOBER 14**

8:00 to 9:00	Lecture: NEURAL CONTROL OF LOCOMOTION inclusive of POSTURAL CONTROL
9:00 to 10:00	Patient Demonstration B
10:00 to 10:30	<i>Coffee</i>
10:30 to 1:30	Patient Demonstration C
11:30 to 1:00	Practical
1:00 to 2:00	<i>Lunch</i>
2:00 to 3:45	Practical
3:45 to 4:15	<i>Tea</i>
4:15 to 5:45	Practical
5:45 to 6:00	Reflection

#### **DAY 3: SUNDAY OCTOBER 15**

8:30 to 9:30	Open discussion for CLINICAL QUESTIONS
9:30 to 10:00	<i>Coffee</i>
10:00 to 12:00	Practical
12:00 to 12:45	<i>Lunch</i>
12:45 to 2:15	Patient A B C for treatment session
2:15 to 2:35	Group Summary of Key Learning from Treatment
2:35 to 3:15	<i>Tea / Presentation of Key Learning / Wrap Up</i>

